
DOUGLAS SIDLE, MD
Facial Plastic and Reconstructive Surgery

INSTRUCTIONS FOR PIERCED EARS

You will need to purchase: Rubbing alcohol, cotton balls or Q-tips, and possibly an antibiotic ointment such as Bacitracin.

After the procedure: *The following instructions must be followed to assure proper healing:*

1. For the first week following the piercing of ears.
 - A. Wash hands well before handling earlobes.
 - B. **DO NOT REMOVE EARRINGS.**
 - C. Cleanse earlobes three (3) times a day with soap and water. Then, using cotton or Q-tip, apply rubbing alcohol around the post area to both the front and back of the earlobes.
2. Rotate the earrings often, always remembering to wash hands first.
3. Avoid dirt, hairspray, perfume etc.
4. When shampooing hair, rinse ears well.
5. **After 4 weeks:**
 - A. You may remove earrings every two days.
 - B. Wash earrings and earlobes with soap and water.
 - C. **Reinsert earrings.**
6. If you should experience redness, irritation, itching, soreness, oozing, swelling, or if any disorder of the ear should occur, you may use an antibiotic around the posts nightly until the condition subsides.

It will take several months for earlobes to heal. You must wear earrings at all times for several months.

If you have any questions, please do not hesitate to call Dr. Sidle.

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